

Lake Constance. It is a town which boasts that it is one of the best holiday centres in Switzerland, because one can do all the things one wants to do when on holiday. There are boating, fishing and swimming, for those who like the water. There are walks up to quaint little villages, and nearby one can tackle mountains. Rorschach is within easy reach of the Swiss cities, although it has so much to offer itself, that one need not leave it. There are trips on the Lake itself, to Germany and to Austria.

And those who like dancing are certainly not forgotten.

15 days Tour from Victoria Station, via Dover, Ostend and Bale.

£32 2s. 6d. This price includes: Third-class travel, seats reserved on trains, transport between hotel and station and vice versa, and accommodation in an excellent hotel with full pension, which means, Continental breakfast, lunch and dinner. All tips and taxes are included, so that the price is fully inclusive.

Departures: Sundays, July 26th and August 23rd. Also Sunday, September 6th, for late holiday-makers.

Courier: Accompanies each party.

Italy—Bordighera.

«On the Riviera.

Near the frontier of Italy and France, is often referred to as the "Pearl of the Riviera." There is ideal bathing and plenty of sun, besides beautiful walks over the hills, while excellent bus services along the coast will take you to Monte Carlo, to Nice, or to Genoa and San Remo.

15 days Tour, from Victoria Station, via Newhaven, Dieppe and Paris.

£34 9s. 6d. This price includes: Third-class travel, seats reserved on trains, transport between station and station in Paris, and hotel and station in Bordighera, and accommodation in an excellent hotel within ten yards of the Mediterranean itself. Full Pension at the hotel, which includes Continental breakfast, lunch and dinner. All tips and taxes are included so that the price is really fully inclusive.

Departures: Sundays, August 9th and 30th.

Courier: Accompanies each party.

Health Services Exhibition at Deptford.

AN EXHIBITION depicting the work of the personal health services in Deptford, Greenwich and Woolwich is to be held at the Health Centre, Amersham Road, Deptford, from 12 noon to 6 p.m. on Friday, May 15th, and from 10 a.m. to 6 p.m. on Saturday, May 16th.

The exhibition, which is open to all members of the public (admission free), will be opened by Mr. I. J. Hayward, Leader of the London County Council, at 11 a.m. on Friday, May 15th. Presiding at the ceremony will be Miss Mabel Crout, Chairman of the Divisional Health Committee under whose auspices the exhibition has been arranged. Brief speeches at the opening ceremony will be made by Alderman F. J. Morris, Mayor of Deptford; Mrs. E. M. Rankin, Chairman of the L.C.C.'s Health Committee; and Dr. J. A. Scott, the County Medical Officer of Health.

The services provided directly by the L.C.C. are to be

shown in this exhibition, together with those provided by other official and voluntary agencies.

Features of the exhibition include:—

L.C.C. Services.

Domiciliary midwifery.—A room will be on view showing how to make arrangements at home for the coming of baby. The use of gas and air analgesia apparatus will be demonstrated.

Ante-natal care.—The suite in which expectant mothers are seen is to be open for inspection. Relaxation exercises will be explained.

Infant welfare services and immunisation against diphtheria and whooping-cough and *vaccination* against smallpox. The progress made in the fight to reduce disease and death rates among young children will be illustrated and staff will give information on the services available.

School health services.—Models and pictures of clinics, and schools for physically handicapped children, will illustrate medical inspection and treatment of school children. Demonstrations by children will be given of remedial exercises for correcting postural defects. Demonstration parentcraft classes for girls and boys will be run. The method of testing the hearing of school children will be shown and members of the public will have an opportunity of themselves being tested with this apparatus. Exercises for the correction of squint and other eye defects, and the apparatus used, will be explained.

Home help service.—Particulars will be available of this widely used service, which is available for households where there is medical need.

The day nursery at the health centre will be open to visitors.

Foot clinics.—These clinics, which are in the front block, will be on view. In addition a special foot health exhibit has been arranged showing footwear of former years, methods of shoe construction and other items of interest.

Talks illustrated by film strips will explain in greater detail a number of the services mentioned above. One exhibit which is likely to be especially popular is "Hazard House," where risks have been engineered showing the causes of many home accidents. There will be working models and a competition, with prizes, for detecting the greatest number of sources of accidents.

Services by Other Organisations.

District nursing.—A model of a sick-room and specimens of the district nurse's equipment will be shown.

British Red Cross Society.—Articles issued on loan to persons ill at home will be exhibited.

A mass X-ray unit of the South-East Metropolitan Regional Hospital Board will be present on both days and members of the public may have their chest X-rayed free.

Borough council services.—Exhibits will show the food inspection, and insect and pest control, activities undertaken by the borough councils.

A welfare foods van—with orange juice, cod liver oil, etc.—from the Ministry of Food will be present.

"*Meals on Wheels.*"—At certain times a van used by the W.V.S. in Deptford to take hot meals to sick and elderly people will be open to inspection.

Blood Transfusion Service.—The work of this vital service will be described in photographs. An infant—represented by a doll—will be shown as receiving a blood transfusion under the caption "Another life saved."

The general practitioner.—Numerous references to the work of the family doctor are included in the exhibition and diagrams will show the relationship of the general practitioner to the local health services.

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